

A LA CARTE

Fruit Seasonal fresh fruit	\$0.50
Juice 100% fruit, 4 oz.	\$0.50
Milk 1% white or nonfat chocolate, 8 oz.	\$0.50
Baked Chips Assorted baked chips	\$0.75
Chocolate Chip Cookie Freshly baked whole grain & low fat	\$1.00
Bottled Water, 24 oz.	\$1.00

Available during Snack and Lunch service.

MEAL PRICES

	Breakfast	Lunch
Full Pay	\$1.25	\$2.75
Reduced	\$0.25	\$0.40
Adult	\$1.75	\$3.25

Annual Payment

180 Breakfasts x \$1.25 = \$225.00
180 Reduced Breakfasts x \$0.25 = \$45.00
180 Lunches x \$2.75 = \$495.00
180 Reduced Lunches x \$0.40 = \$72.00

Monthly Payment

20 Breakfasts x \$1.25 = \$25.00
20 Reduced Breakfasts x \$0.25 = \$5.00
20 Lunches x \$2.75 = \$55.00
20 Reduced Lunches x \$0.40 = \$8.00

CHECK OR CASH PAYMENT can be made in the cafeteria or mail check to:
Nutrition Services Department
349A W. Magnolia Ave.
Glendale, CA 91204

ONLINE PAYMENTS: www.ezschoollpay.com

Remaining balances will carry over to the following school year.

For more information, please visit the GUSD Nutrition Services Department website at
www.gusd.net/nutritionservices

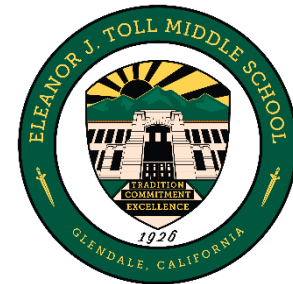
GLENDALE UNIFIED SCHOOL DISTRICT



BREAKFAST & LUNCH MENU 2018 - 2019

TOLL MIDDLE SCHOOL

700 Glenwood Road
Glendale, CA 91202
Phone: (818) 244-8414
Cafeteria: (818) 241-9468



BREAKFAST & SNACK

Bagel w/Cream Cheese

Blueberry, Cinnamon Raisin or Plain

Breakfast Bar

Banana Chocolate or Chocolate Chip

Breakfast Burrito

Bean & Cheese or House Special

Breakfast Sausage Pizza

Cereal Bowl & String Cheese

Apple Jacks, Cheerios, Cocoa Puffs, Frosted Flakes, or Froot Loops

Cinnamon Crumb Square

Cinnamon Roll

Cinnamon Toast w/String Cheese

Double Chocolate Chip Muffin

English Muffin Egg Sandwich w/Canadian Bacon, Egg & Cheese

Yogurt Parfait w/Fruit & Granola

*Breakfast served with ½ cup vegetables or fruit.
Offered with hash browns & milk (1% white or nonfat chocolate).*

MEAL SERVICE SCHEDULE

Breakfast

7:40 a.m. - 8:10 a.m.

Snack

10:05 a.m. - 10:20 a.m.

Lunch

12:35 p.m. - 1:05 p.m.

DAILY LUNCH SPECIALS

Buffalo Chicken w/Mashed Potatoes, Corn Kernels & Roll

Chicken Patty Sandwich

Spicy or Regular

Cheese Quesadilla

Deli Sandwich & Chips

Ham & Cheese, Tuna or Turkey & Cheese

Greek Wrap

Lavash Wrap w/Baked Chips

Southwestern, Turkey & Cheese or Turkey Cranberry w/Cream Cheese

Nacho Plate

Chicken Fajita or Taco Meat w/Cheese Sauce & Corn Tortilla Chips

Pizza

Cheese, Pepperoni or Veggie

Teriyaki Chicken w/Brown Rice

Vegetarian Plate

Double Chocolate Chip Muffin, Fruit, String Cheese & Yogurt

*Served with ½ cup vegetables or fruit.
Offered with milk (1% white or nonfat chocolate).*

BBQ GRILL SPECIALS

Hamburger

Offered with Cheese and/or Turkey Bacon

Veggie Burger

Turkey Hot Dog

Louisiana Hot Link

*Served with ½ cup vegetables or fruit & baked chips.
Offered with milk (1% white or nonfat chocolate).*

THEME BARS

MONDAY – Taco

Seasoned Ground Beef w/Tortilla, Black or Pinto Beans, Spanish Rice & Shredded Cheese

TUESDAY - Taco

Oven Baked Chicken w/Brown Rice, Roll and Corn Kernels

WEDNESDAY - Chicken Shawarma

Chicken Shawarma w/Garlic Sauce, Fattoush, Hummus, Pita Bread & Tabbouleh Salad

THURSDAY - Pasta

Meatballs or Chicken Patty w/Pasta & Marinara Sauce

FRIDAY - Chicken

Mandarin Orange Chicken w/Chow Mein

*Served with ½ cup vegetables or fruit.
Offered with milk (1% white or nonfat chocolate).*

MANAGER'S SPECIAL

MONDAY

BBQ Beef Rib Sandwich on Hoagie Roll, or Grilled Bean & Cheese Burrito or Hot Grilled Cheese Sandwich or Pizza Hut

TUESDAY

Turkey Corn Dog or Hamburger or Mac & Cheese w/Goldfish Crackers

WEDNESDAY

Black Bean & Cheese Burrito or Oven Baked Chicken w/Brown Rice, Roll & Corn on the Cob or Pizza Hut

THURSDAY

Chicken Nuggets w/Mashed Potatoes & Corn Kernels, or Hot Grilled Cheese Sandwich or Ravioli w/Marinara Sauce

FRIDAY

Cheeseburger, or Grilled Bean & Cheese Burrito or Hot Dog

Winter Beef Chili w/Roll or Turkey Tuscan Soup

*Served with ½ cup vegetables or fruit.
Offered with milk (1% white or nonfat chocolate).*

✓ A complete meal includes 3 of the 5 Food Groups.

▪ **Group 1:** Vegetables, **Group 2:** Fruit, **Group 3:** Grains, **Group 4:** Protein, **Group 5:** Milk.

▪ Group 3 and 4 are combined to make Entrées such as Sandwiches, Burritos, Pizzas, and Hamburgers. All you need is a ½ cup vegetable and/or fruit to make it a complete meal.

✓ **ALL MEALS MUST INCLUDE A MINIMUM OF ½ CUP VEGETABLES AND/OR ¼ CUP FRUIT.**

✓ Additional Vegetables and Fruit are offered daily.