

A LA CARTE

Fruit	\$0.50
Seasonal fresh fruit	
Juice	\$0.50
100% fruit, 4 oz.	
Milk	\$0.50
1% white or nonfat chocolate, 8 oz.	
Baked Chips	\$1.00
Assorted baked chips	
Chocolate Chip Cookie	\$1.00
Freshly baked whole grain & low fat	
Bottled Water	\$1.00

GLENDALE UNIFIED SCHOOL DISTRICT



BREAKFAST & LUNCH MENU

2021-2022

GLENDALE HIGH SCHOOL

1440 East Broadway
Glendale, CA 91205
Phone: (818) 242-3161
Cafeteria: (818) 244-1015



GUSD Nutrition Services Department
349A W. Magnolia Ave., Glendale, CA 91204
Phone: (818) 552-2677 • Fax: (818) 552-2689

Breakfast

MONDAY

Entrée Choice of:

- Cinnamon Crumb Square
- Cinnamon Roll
- Breakfast Bar

Banana Chocolate or Chocolate Chip

TUESDAY

Entrée Choice of:

- Bagel with Cream Cheese
- Whole Grain Low Sugar Cereal & String Cheese:

Apple Jacks, Cocoa Puffs, Froot Loops, Trix or Cinnamon Toast Crunch

WEDNESDAY

Entrée Choice of:

- English Muffin Sandwich with Canadian Bacon and Cheese
- Breakfast Bar

Banana Chocolate or Chocolate Chip

THURSDAY

Entrée Choice of:

- Breakfast Pizza
- Breakfast Burrito
- Whole Grain Low Sugar Cereal & String Cheese:

Apple Jacks, Cocoa Puffs, Froot Loops, Trix or Cinnamon Toast Crunch

FRIDAY

Entrée Choice of:

- Yogurt Parfait
- Chocolate Chip Muffin

Banana Chocolate or Chocolate Chip

Manager Special

DAILY CHOICES VARY

Entrée Choice of:

- Breakfast Pizza
- Mini Maple Waffles
- Mini French Toast Cinnamon
- Sweet Potato Chocolate Chip Muffin
- Pancake and Sausage on a Stick
- English Muffin with Turkey Sausage
- French Toast Sticks

Breakfast served with ½ cup of fruit. Offered with milk (1% white or nonfat chocolate).

Lunch

MONDAY - FRIDAY

Entrée Choice of:

- Hamburger or Cheeseburger

- Pizza Hut

- Chicken Patty Sandwich

Spicy or Regular

- Pizza Hut

Cheese or Pepperoni

- Deli Sandwich & Chips

Turkey or Turkey Ham and Cheese or Tuna

- Trail Runner

Dried Cranberries, Whole Grain Chocolate

Chip Muffin, String Cheese & Sunflower Seeds

Manager Special

DAILY CHOICES VARY

Entrée Choice of:

- Subway Sandwich:

Turkey Cold Cuts or Veggie

- Cheese Quesadilla

- Chicken Corn Dog

- Soynut and Butter Sandwich

- BBQ Chicken on WG Bun

- BBQ Beef Rib on WG Hoagie Roll

- Chicken Taquitos

- Turkey Hot Dog on WG Bun

Lunch served with ½ cup vegetables and/or fruit. Offered with milk (1% white or nonfat chocolate).



Theme Bar

MONDAY

Chicken Bowl

Chicken (Drumstick, Popcorn Chicken or Chicken Nuggets) with Mashed Potatoes, Corn Kernels and Roll

TUESDAY

Nacho Bar

Seasoned Ground Turkey or Chicken Fajita with Tortilla Chips, Pinto Beans, Spanish Rice & Shredded Cheese

WEDNESDAY

Pasta

- Meatballs or Chicken Breast with Pasta, Marinara Sauce with Breadsticks
- or Chicken Alfredo with Breadsticks

THURSDAY

Fajita Bowl

Chicken Fajita w/Pinto Beans, Spanish Rice, Shredded Cheese & Tortilla

FRIDAY

Chicken

- Mandarin Orange Chicken with Chow Mein or Brown Rice
- or Teriyaki Chicken with Brown Rice or Chow Mein

Lunch served with ½ cup vegetables and/or fruit. Offered with milk (1% white or nonfat chocolate).