



Glendale Unified School District

January, 2021




*Winter Recess
December 21, 2020 - January 6, 2021*

Thursday 1/7

Breakfast

- Crumb Cake
- Cranberries
- Milk

Lunch

- Soynut Butter Sandwich
- Applesauce Cup
- Diced Carrots
- Milk

Friday 1/8

Breakfast

Lunch

- BBQ Rib Sandwich
- Apricot Cup
- Tater Tots
- Milk

Did YOU Know?

GUSD NS serves only whole grain bread/cereals and brown rice.

Grab and Go Sites
Extra Eats Every Friday
Lunch and Supper
For Saturday and Sunday

Monday 1/11

Breakfast

- Brkfst Bar: Banana Chocolate
- Fuji Apple
- Milk

Lunch

- Mac and Cheese with Soft Pretzel
- Sliced Pears
- Corn Kernels
- Milk

Tuesday 1/12

Breakfast

- Cinnamon Roll
- Sliced Peaches
- Milk

Lunch

- Cheese Quesadilla
- Tangerine
- Cucumber
- Kidney Beans
- Milk

Wednesday 1/13

Breakfast

- Chocolate Chip Muffin
- Banana
- Milk

Lunch

- Chicken Corn Dog
- Applesauce Cup
- Tater Tots
- Milk

Thursday 1/14

Breakfast

- Pancake and Turkey Sausage on a Stick
- Strawberries
- Milk

Lunch

- Chicken Nuggets with Goldfish Crackers
- Apricot Cup
- Celery Sticks
- Milk

Friday 1/15

Breakfast

- Cheerios and String Cheese
- Assorted Fruit
- Milk

Lunch


- Garlic Meatballs with Pasta
- Assorted Fruit
- Broccoli
- Milk



CalFresh

Put healthy food on your table with CalFresh

Monday 1/18



Martin Luther King Jr. Day
I HAVE A DREAM

Tuesday 1/19

Breakfast

- Brkfst Bar: Oatmeal Chocolate Chip
- Orange Juice
- Milk

Lunch

- Mini Chicken Tacos
- Pear
- Vegetarian Beans
- Corn Kernels
- Milk

Wednesday 1/20

Breakfast

- Froot Loops and String Cheese
- Tangerine
- Milk

Lunch

- Turkey Hot Dog
- Sliced Apples
- Potato Wedges
- Milk

Thursday 1/21

Breakfast

- Blueberry Muffin
- Gala Apple
- Milk

Lunch

- Teriyaki Chicken with Brown Rice
- Pineapple Cup
- Broccoli
- Milk

Friday 1/22

Breakfast

- Yogurt Parfait
- Sliced Peaches
- Milk

Lunch

- Domino's Pizza**
- Assorted Fruits
- Salsa
- Cucumber
- Milk

Do you need more money for food? CalFresh can help you buy nutritious food to stay healthy. For more information on CalFresh, go online to dps.lacounty.gov or call: (866) 613-3777

Monday 1/25

Breakfast

- Breakfast Bar: Banana Chocolate
- Diced Apricots
- Milk

Lunch

- Grilled Cheese Sandwich
- Applesauce Cup
- Corn Kernels
- Milk

Tuesday 1/26

Breakfast

- Mini Strawberry Pancakes
- Sliced Pears
- Milk

Lunch

- Chicken and Vegetable Dumplings
- Peach Cup
- Baby Carrots
- Milk

Wednesday 1/27

Breakfast

- Crumb Cake
- Banana
- Milk

Lunch

- Cheeseburger
- Strawberries
- Potato Wedges
- Milk

Thursday 1/28

Breakfast

- Maple Waffle
- Sliced Peaches
- Milk

Lunch

- Orange Popcorn Chicken with Chow Mein
- Pear
- Mixed Green Salad
- Milk

Friday 1/29

Breakfast

- Kix and String Cheese
- Mixed Fruit
- Milk

Lunch

- Chicken Alfredo with Pasta
- Orange
- Cucumbers
- Milk

Monday 2/1

Tuesday 2/2

Wednesday 2/3

Thursday 2/4

Friday 2/5

Breakfast

Breakfast

Breakfast

Breakfast

Breakfast

Breakfast Bar: Oatmeal Chocolate

Cinnamon Roll

Chocolate Chip Muffin

Pancake and Turkey Sausage on a Stick

Cheerios and String Cheese

Fuji Apple

Sliced Peaches

Banana

Strawberries

Assorted Fruit

Milk

Milk

Milk

Milk

Milk

Lunch

Lunch

Lunch

Lunch

Lunch

Mac and Cheese with Pretzel

Cheese Quesadilla

Soynut Butter Sandwich

Chicken Nuggets with Goldfish Crackers

Garlic Meatballs with Pasta

Apricot Cup

Tangerine

Applesauce Cup

Mixed Fruit Cup

Assorted Fruit

Diced Carrots

Corn Kernels

Cucumbers

Celery Sticks

Broccoli

Milk

Milk

Milk

Milk

Milk

Menu Subject to Change
Revised 12/15/2020