

Help your child with Speech and Language

**Kristen Mantle, SLP
Early Bird Preschool - GUSD**

Skills of 3-5 y.o. - our kids work towards this= not there yet.

TYPICAL SPEECH AND LANGUAGE DEVELOPMENT for 3-5 year olds:

- Speech and Language (articulation, vocabulary, sentences) -
<http://www.asha.org/public/speech/development/34/>
- Pragmatics (social) -
<http://www.asha.org/public/speech/development/Pragmatics/>
- More than one language -
<http://www.asha.org/public/speech/development/learn.htm>
- Attention - (how long can I expect to be able to work on something?)
https://www.parentingpress.com/media/is-this-a-phase_excerpt2.html

Strategies to keep trying (again and again)

- **Be aware/manage distractions - Whole body listening
- ** Prime them for what you expect and what they can expect
- ** Model - show them what you mean
- ** Teach - describe one skill at a time and put it together
- **Positive reinforcement - praise attempts not just accuracy

More Strategies and practice

- **Teach - one skill at a time, how to put it together
- ** Use simple language - build longer sentences
- ** Prompting- “help” without taking over
- **WAIT TIME - give them a chance to try before you “help”
- **Give choices - focus attention on small set of possibilities

Resources

There are too many to put in one paper but some that I use frequently include:

American Speech-Language Hearing Association: www.asha.org

Mommy speech therapy: <http://mommyspeechtherapy.com/>

Questions???

Kristen Mantle, SLP

kmantle@gusd.net

Thank You!