

Parent Forums

Where: GUSD Board Room
223 N. Jackson Avenue, Glendale

Time: 6:30 p.m.

Childcare and refreshments will be provided.



The EEELP department focuses on Social Emotional Learning (SEL). SEL is the “process through which children and adults acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.” (casel.org, 2017)

Thursday, November 16, 2017 Positive Parenting and Setting Boundaries

Are you wondering how to discipline your child without breaking their spirit? Psychologist Dr. Ilin Magran will explain what positive parenting is and provide strategies and techniques for parents on how to guide their child/ren on making choices that have positive behavior results.

Tuesday, January 30, 2018 Depression vs. Sadness

Depression and sadness are not the same thing, and it is important to recognize the differences while allowing our children to fully experience emotions in a healthy way. On this topic Dr. Magran will also cover how to build emotional resiliency in children and youth.

Monday, April 9, 2018

The Benefits of Wellness & Nutrition

This forum is presented by the American Diabetes Association and will cover wellness education, nutrition, physical activity, and obesity prevention. Come learn about the relationship between the types of food we eat and academic and social-emotional learning. Develop healthy goals and strategies to keep your children fit and healthy.



These free Parent Forums are provided by the Early Education & Extended Learning Programs department of Glendale USD, in collaboration with Dr. Ilin Magran of the Child Welfare & Attendance department and our partners at the American Diabetes Association.

