



MOUNTAIN AVENUE ELEMENTARY SCHOOL

GLENDALE UNIFIED SCHOOL DISTRICT

2005 National Blue Ribbon School
2012 California Distinguished School
2016 California Gold Ribbon School

2307 Mountain Avenue
La Crescenta, CA 91214
(818) 248-7766 Fax (818) 248-6352
Winfred Roberson, Superintendent
Jaclyn Scott, Principal
www.mountainavenue.org

Dear Mountain Avenue Families,

It brings me great pleasure to welcome you on behalf of our outstanding teachers and staff. As part of our Mountain Avenue community we strive to keep you well informed. All school information is accessible via our website; www.mountainavenue.org, sign up and become a registered user.

Forms 1-4 are found in the District Parents and Students booklet [on-line](#). To sign-off on them using your Parent Connection account (see the email sent to you by the District in July & August or visit the District website at www.gusd.net, Departments, Student Support Services, and then click on Parent/Student Handbook to view the handbook and print the [inserts/forms](#).

The following forms are part of the District Parents and Students booklet as well, but must be downloaded, fill-out and turned in to the Mountain Avenue School Office. Follow the steps above for viewing the handbook.

Form 5 24-Hour Medication Schedule

Form 6 Request for Exemption from Instruction

Form 7 Permission for Public Use of Student Name, Photographs, Video Images on Web Page, and various Publications

Form 8 Military, Employers, Colleges/Universities Opt Out Form ([for High School Juniors and Seniors](#)).

Form 9 Student with a Parent on Active Duty with the Armed Forces or Full-Time National Guard

The following items are due to your child's teacher by Friday, August 25, 2017: (Note: please use the sign-off sheet at the end of the packet to sign-off on forms 11-16.

Form 10 Emergency I.D. Tag

Form 11 School Policies (Parent and Student Signature Page)

Form 12 Parent-Teacher-Student Compact/Parent Involvement

Form 13 Traffic Safety Pledge

Form 14 Library Permission Slip

Form 15 S.A.G.E Permission Slip (Optional)

Form 16 Student Volunteers (3rd & 6th grade only)

Note the following:

- Bear Pages Release Form will be sent home in your student's Thursday folder on August 18.
- Student Information Card (white full sheet) will only be sent if you did not sign-off electronically using Parent Connection.

Please read our school's Parent Handbook, located via our website under Resources at www.mountainavenue.org (hardcopies will be given to new families). This will ensure that you know all of the procedures and policies at our amazing school.

- General School Information
- Homework Policy
- Drop Off and Pick-Up Procedures
- School Behavior/Discipline Policy
- Playground Rules
- GOOGLE-Your child will use Google Docs & have a user I.D./password (doc)

Sincerely yours,

Jaclyn Scott, Principal



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FORMS 11-17 SIGN – OFF SHEET

Print Student First & Last Name _____

Room Number/Teacher Name _____

Please read all the forms in this packet, the Parent Handbook online and then initial where indicated and sign at the bottom.

Form 11 – Mountain Avenue School Polices _____ Parent Initials _____ Student Initials

Form 12 – Parent–Teacher Student Compact 2017-2018 _____ Parent Initials _____ Student Initials

Form 13 – School Traffic Safety Contract _____ Parent Initials _____ Student Initials

Form 14 – Library Consent Form: I give my child permission to borrow library books. I will pay for all late, lost or damaged books and/or fines. If my child fails to return all books at the end of the school year, and does not pay the replacement price for all lost books, I understand that their report card will be held or promotion certificate (6th grade) until the matter is cleared.

_____ Parent Initials _____ Student Initials

Form 15 – S.A.G.E. – Student & Grandparents in Education

Grandparent(s) _____
Or other role model's name: Please Print First & Last Name _____ Email Address _____ Telephone Number _____

Form 16 – Third & Sixth Grade Families/Guardians

- Yes, I want my child to volunteer as a Cafeteria Helper or Recess Equipment Monitor.
- No, I do not want my child to volunteer as a Cafeteria Helper or Recess Equipment Monitor.

_____ Parent Initials _____ Student Initials

Form 17 – Fourth through Sixth Grade Physical Education Letter _____ Parent Initials _____ Student Initials

Parent Signature: _____ Date: _____

DUE TO YOUR CHILD’S TEACHER ON AUGUST 25, 2017



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MOUNTAIN AVENUE ELEMENTARY SCHOOL POLICIES – Form 11

Parents are to review the school policies in our website, www.mountainavenue.org

Students:

My teacher has reviewed the following school policies on the first day of school:

- School Rules
- Student Attendance
- School Discipline Procedure
- Classroom Rules
- Playground Rules
- Homework Policy
- School Supplies
- Emergency Preparedness
- Dismissal Procedure
- Traffic Safety

Parents:

I have read and reviewed with my child/ren the following sections of Mountain Avenue School's Parent Handbook: Attendance and Tardy Policy, Homework Policy, Drop Off and Pick-Up Procedures, Playground Rules, Homework Policy, Discipline Procedure, and Emergency Preparedness.



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PARENT INVOLVEMENT 2017-2018 – Form 12

At Mountain Avenue Elementary School, there is a partnership of parents, teachers, and students to ensure that each child is empowered to develop their unique talents, respect themselves and others while embracing learning. Parents' support for their children and for the school is critical in order for their child to make responsible decisions and excel in a changing world.

In the fall, parents attend Back to School Night, where they learn about standards and expectations for each grade level for the year. Parents, along with teachers and students, sign their commitment to the School Parent Compact sent home in the first day of school. This is a way to share with parents the responsibility for improved student achievement and the means by which the school and parents will build and develop a partnership to help students meet high education standards with our combined support.

Throughout the year, parents are informed of their child's achievement and of how they can support their child's continued academic progress. Parent Data Director Reports, copies of classroom assessments, and information about school events involving families are translated in the appropriate languages and disseminated in the Thursday folder. Translations of important information are available to ensure the involvement of all groups with the school. Teachers initiate conferences with parents of students on IILPs and those who are not meeting grade level expectations. Parent requests for parent conferences and e-mail or voice messages are responded to in a timely manner to maintain a close supportive relationship between teachers and parents.

Furthermore, there are many ways in which parents can be involved in their child's education at school and in the community. Parents are invited to serve as representatives on our School Site Council or District Advisory Committee as well as the English Language Acquisition Committee or District English Language Acquisition Committee. Some other ways that parents can participate in are through the District GATE Committee, PTA, and MACK Foundation. Parents also serve as Art docents, classroom volunteers, chaperones for field trips, and as proctors for STAR testing.

Parent groups sponsor several special events throughout the year including the Jog-a-Thon, MACK Night Out Silent Auction, Field Day and a variety of sixth grade activities. Fundraising supports many school needs, such as the computer lab, primary music program, orchestra program, purchase of playground equipment, and helps enhance our school-wide focus in reading comprehension.



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Parent-Teacher-Student Compact 2017-2018 – Form 12 continued

THE STUDENT PLEDGE:

I realize that my education is important. I know I am the one responsible for my own success. Therefore, I agree to carry out the following responsibilities:

- Read every day for learning and pleasure
- Strive to do my best every day
- Come to school every day, on time, and ready to learn
- Take my weekly Thursday folder home to my parents and return it to school the next day
- Return completed homework on time and in good condition
- Treat all other students and adults with kindness and respect
- Be responsible for my own behavior
- Ask for help when needed
- Respect school property and the property of others

THE PARENT PLEDGE

I understand that my participation in my child's education will help his/her achievement and attitude. Therefore, I will continue to carry out the following responsibilities:

- Encourage my child to put forth his/her best effort every day
- Provide support and a quiet place and time for my child to read and do homework
- Review all school communications and return necessary paperwork
- **ATTEND** Back to School Night, conferences, Open House, and other school events
- Make sure my child comes to school every day, on time, and ready to learn
- Make sure that my child gets adequate sleep and eats nutritious foods
- Limit TV watching and computer/video games
- Support the school's/district's homework, discipline, and attendance policies
- Communicate with my child's teacher when I have questions or concerns

THE TEACHER PLEDGE:

I understand the importance of the school experience to every student and my role as a teacher and model. Therefore, I agree to carry out the following responsibilities:

- Teach state and district grade level content standards
- Strive to meet the individual needs of each child and provide feedback in a timely manner
- Communicate with parents regarding student progress and school/classroom expectations
- Provide a safe, positive, and healthful learning environment
- Support the school's/district's homework, discipline, and attendance policies
- Encourage parent involvement



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TRAFFIC SAFETY CONTRACT – Form 13

Student Pledge:

- I will wait at the drive thru lane ready to enter my parent/guardian's vehicle.
- I will not use this time to socialize with my classmates and friends.
- I will only enter or exit the vehicle if the car is in the loading zone (not if it is double parked, in the red zone, or in the cross walk).
- I will always use the cross walk to cross the street.
- I will wait for the crossing guard to assist me.
- I will remind my parents not to make u-turns on the street in front of the school (including 3-point turns).
- I will remind my parents to always abide by the speed limit in the school zone
- I will always be courteous to the crossing guard, traffic assistants and parent volunteers because they are there to keep me safe.

Parent Pledge (Please place an initial in each box):

- I will not use my cell phone or send a text when entering the drive through lane.
- I will stop in the drive thru lane **only** if my child is there ready to enter the vehicle. If my child is not there, I will move my vehicle forward and circle back to keep traffic moving.
- I will never block the cross walk with my vehicle. I will not stop and park in the red zone or double park to let my child enter or exit my vehicle.
- I will never exceed the speed limit in the school zone, as I know that **any child** may dart out in front of my vehicle.
- I will always use the crosswalk to cross the street in the school zone.
- I will always be courteous to the crossing guard, traffic assistants, and parent volunteers because I know they are there to keep my child/ren safe.



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Library Consent Form – Form 14

Dear Parents,

- Review the School Policies online under “Resources”
- Parent & Student should sign this form and return to child’s teacher

Your child's class will visit the library during a regularly scheduled period each week. In order for us to maintain a quality library, we ask that you note the following policies.

All books will be loaned for a period of one week with the option to renew for one additional week (Chapter Book & Reference Books Only) Students will be charged for all late books. The fine is .50 cents per week, per book. Student will be required to pay the replacement price for all lost books. Charges will also apply to all damaged books at an amount to be determined.

While some students read well above grade level, the content of books geared for young adults is not always developmentally suitable for students in their elementary years. It is the parent's responsibility to supervise what books their child is checking out from the library.



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S.A.G.E. – Form 15

Students & Grandparents in Education

Mountain Avenue would like to recognize the important role grandparents play in the lives of our students. Our goal is to become better connected with these SAGE members of our Mountain Avenue family through Thursday Updates (weekly newsletters) and classroom newsletters.

There are many ways these members of our community can volunteer, listen to children read, helping in the garden, and clerical help just to name a few.

Sincerely yours,

Jaclyn Scott, Principal



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STUDENT VOLUNTEERS – FORM 16

Third & Sixth Grade Families/Guardians:

Mountain Avenue students have an opportunity to provide volunteer work and services hours to the school as a Cafeteria Helper or Recess Equipment Monitor. Students serve as a volunteer for a two-four week period. While volunteering, students are given an opportunity to work in various leadership and cooperative capacities.

Students' volunteer time is an important part of their elementary years. Though students will be missing instructional minutes while volunteering in these jobs, they will be participating in career readiness activities and developing competencies. Students will be out of the classroom for a maximum of five to ten minutes daily.

This letter is to inform you that your child may be selected to volunteer. However, prior to beginning their volunteer service, your approval is required.



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Dear Mountain Avenue Families,

My name is Janet Goliger and I am so glad to be back as your Physical Education teacher. My assistant, Mrs. Andre del Bosque, and I, are looking forward to an exciting, fun-filled learning experience with your children. For those of you who do not know me I have been with the district for 25 years, with my first 21 years here at Mountain Avenue. I have been teaching Physical Education at all levels since 1978, actively train in martial arts, a trainer/presenter at the California Physical Education State Conferences and Elementary and Middle School Physical Education teacher workshops, and I am an author and a curriculum developer.

Communication

Getting to know you and your children is the key to having a successful physical education program. Please keep the lines of communication with us open. We teach at 3 schools with about 750 students, but you are always welcome to email me if you have questions, concerns, or just want to check in: jjgoliger@gusd.net. I will respond as quickly as I can, but it is difficult to do so during the instructional part of the day.

The Physical Education Program

Students will engage in structured activities that follow the California and National Physical Education Content Standards while also integrating Common Core Standards within the program. Emphasis will be placed on learning skills and strategies of various team and individual sports and games, developing and applying fitness concepts of health related fitness, learning social behaviors through interaction in many game activities and team sports, developing the love for living a healthy and active lifestyle that will extend beyond the Physical Education class.

Expectations for a safe and positive experience

- All students will participate in the activities scheduled unless a written parent note is received.
- **No child is excused without a parent note, which should be dated and signed by a parent/guardian with a contact number, and include a reason for the excuse.** A doctor's note is required should your child need to be excused for more than 3 consecutive school days. If a student is unable to participate in PE, they are not allowed to participate actively in recess on that day as well.
- If there is a medical condition causing a limitation that will be in effect all year long, we must have a doctor's note on file. An alternate independent P.E. assignment will be given to your child to earn a Physical Education grade.
- Students will follow all class rules and procedures.
- All students will cooperate and work well with their classmates and teacher.
- **Students are required to wear the proper shoes to participate.** This rule is for their safety as well as the safety of the other students. Open toed shoes, Crocs, boots, and dress shoes (any type of shoe with a separate heel) are not permitted for safety reasons. Students may bring P.E. tennis shoes (sneakers) in a bag to wear for P.E. only, if they must wear regular shoes to school on a P.E. day.
- Students are encouraged to bring a towel and water bottle to class. Please do not freeze water bottles as they drip in their classrooms and pose a safety problem. With hot weather and

vigorous activity, it is very important for children to drink lots of fresh water, especially during and after heavy activity. **ONLY clear, plain water is allowed at P.E. class.**

- Children are encouraged to wear hats during P.E. class, and for safety reasons, sunglasses are **not** permitted unless they are prescription glasses. Sunscreen is also highly recommended and should be applied at home before coming to school.

Grades

Physical Education students will be graded in Participation and Behavior. Students will earn an "S" (Satisfies Expectations) or an "N" (Needs Improvement) in each of the areas.

Participation: In order to earn an "S" in Participation: "Students regularly participate in moderate to vigorous activity. Students build the skill, knowledge and confidence to be physically active and apply those in individual, small group and whole class activities. Students stay on task and put forth their best effort." They are not graded on their athletic abilities, but rather on giving their best effort in fitness, skills, and game activities. If students miss too many PE classes and/or do not participate actively during too many classes they will receive an "N."

Behavior: To earn an "S" in Behavior: "Students demonstrate good sportsmanship, teamwork and respect for others in all aspects of PE. Students listen and follow directions with enthusiasm. They use equipment appropriately and adhere to safety guidelines and class rules. Students are willing to help others and accept the help of others. Students demonstrate appropriate social skills and personal responsibility." If students are disruptive during instruction, are disrespectful to others, and/or do not follow directions or any of the above regularly they will receive an "N."

Fitness

Students are expected to participate actively for 15-20 minutes during fitness in PE. The goal is to increase each student's strength, flexibility, and aerobic endurance. All students should work on these outside of school as much as possible. They will be tested in these areas starting in February. A separate letter about State Fitness Testing (FitnessGram) will be sent home in January 2017.

The Curriculum

This year's curriculum will be decided with help from our sixth graders. Weather permitting we will be able to offer every activity unit we list. We will begin our program this year with Cooperative Games, which teaches the children teamwork and critical thinking, and offers each student the opportunity to succeed in a different challenge daily. I have found that it is also a good way for the children to get to know each other a little better, and a great way for new students to feel welcome to our program.

*Volleyball, Fitness and State Testing, Self-Defense and Softball will definitely be in this year's curriculum.

Additional units offered to add to our curriculum will include:

Flag Football, Basketball, Tennis, Soccer, Track and Field, Crazy Games, Frisbee Fun
Here's to an awesome year of physical education at Mountain Avenue Elementary!

Sincerely,

Miss Janet Goliger

Physical Education Teacher

jgoliger@gusd.net